

# PATIENT PROGRAMME

## THURSDAY, FEBRUARY 15

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	<b>HOTEL IBIS LE LAC BORDEAUX MEETING ROOM</b>
15:00 17:00	<p><b>ROUND-TABLE NETWORKING MEETING FOR LEADERS OF PATIENT ASSOCIATIONS</b></p> <p>Theme:  <b>How to deal with psychological aspect of newly diagnosed patients?</b></p> <p>Facilitator: <b>Brett D. Thombs, Ph.D. Professor,</b>  Faculty of Medicine, McGill University</p> <p>20 min to present SPIN + opened discussions</p>
	<b>AUDITORIUM A - CONGRESS CENTER BORDEAUX</b>
18:00 21:30	<p>OPENING LECTURES AND WELCOME RECEPTION FOR CLINICIANS AND PATIENTS</p>

Simultaneous translation in French and Spanish is provided in **Auditorium B** on *Friday, February 16* and *Saturday, February 17*

## FRIDAY, FEBRUARY 16

	AUDITORIUM B	ROOM F1	ROOM E2	ROOM E1
9:00 9:05	FESCA Welcome by <b>President Annelise ROENNOW (DK)</b>			
9:05 9:30	<b>HAVE WE LEARNT NEW THINGS ABOUT SCLERODERMA?</b> Speaker: <b>Prof. Yannick ALLANORE (F)</b> 20' + 5 min Q&A Chair: <b>Annelise ROENNOW (DK)</b> and <b>Prof. Dan FURST (USA)</b>			
9:30 10:00	<b>WHEN FIBROSIS STRIKES THE HEART OR LUNGS IN SS<sub>c</sub></b> Speaker: <b>Dr. Roger HESSELSTRAND (S)</b> 20 min + 10 min Q&A Chair: <b>Monica HOLMER (S)</b> and <b>Dr. Andrea MURRAY (UK)</b>			10:00-11:00 <b>Exercices:</b> (massage, hand, face, stretching, breathing) <b>Jadranka BROZD,</b> <b>Sajna ROSKAR (HR)</b>
10:00 10:40	<b>MOUTHCARE FOR PATIENT IN SEVERE SS<sub>c</sub>? HOW I HANDLE RECEDING GUMS &amp; TOOTH IMPLANTOLOGY FOR PEOPLE WITH SS<sub>c</sub></b> Speaker: <b>Dr. Sophie JUNG (F)</b> - 20 min Patient experience: <b>Anna VEGH (H)</b> - 10 min Chair: <b>Stephan HOUBERTZ (D)</b> and <b>Dr. Voon ONG (UK)</b> Q&A - 10 min			
10:40 11:10	<b>COFFEE BREAK</b>			
11:10 11:40	<b>PLASTIC SURGERY: FACE/LIPS, FEET, ETC. ANY DEVELOPMENT? FAT OR HYALURONIC ACID INTERVENTIONS</b> Suggested speakers: <b>Dr. Louise PASQUESOONE (F)</b> 20 min + 10 min Q&A Chair: <b>Nadine PACIOTTI (CH)</b> and <b>Prof. Marco MATUCCI-CERINIC (I)</b>		11:00-11:50 <b>Chi Gong</b> Managed by <b>Gabi NIEHAUS (D)</b>	11:00-12:00 <b>Wax Bath</b> by <b>Dr. William GREGORY (UK)</b>

# FRIDAY, FEBRUARY 16

	AUDITORIUM B	ROOM F1	ROOM E2	ROOM E1
11:40 12:20	<b>SURGERY: SPECIFIC RECOMMENDATIONS FOR SSc PATIENTS</b> Speaker: <b>Prof. Luc MOUTHON (F)</b> - 15 min Patient experience: <b>Kim FLIGLESTONE (UK)</b> - 5 min 10 min Q&A Chairs: <b>Beata GARAY-TOTH (H), Dr. T. MINIER (H)</b>	12:00-12:45 <b>Juvenile Scleroderma</b> Speaker: <b>Dr. Ivan FOELDVARI (D)</b> Patient experience: <b>Yun WAH (UK)</b>	12:00-12:45 <b>How to prevent and treat digital ulcers</b> Managed by: <b>Michele TONDUT (F) + Dr. S. SKOPINSKI (F)</b>	12:00-12:45 <b>Exercices:</b> (massage, hand, face, stretching, breathing) <b>Jadranka BROZD, Sajna ROSKAR (HR)</b>
12:20 12:50	<b>URINARY PROBLEMS</b> Speaker: <b>Dr. John GREGOR (CH)</b> 20 min + 10 min Q&A Chair: <b>Ann TYRRELL KENNEDY (IRL)</b> and <b>Prof. Miklós SÁRDY (H)</b>			
12.50 14:00	<b>LUNCH</b>			
14:00 15:00	<b>EDUCATIONAL THERAPY</b> Speakers: <b>Prof. Eric HACHULLA &amp; Dr. Joel CONSTANS (F) / S. JACQUEMET (CH)</b> - 15 min Patient experience: <b>Yanne COURCOUX (F)</b> - 5 min 10 min Q&A Chair: <b>Sue FARRINGTON (UK)</b>	14:00-15:00 <b>Pregnancy</b> <b>Dr. Silvia BREDA (USA)</b> Chair: <b>Catarina LEITE (P)</b>	14:00-15:00 <b>Sexual Life (Men session)</b> <b>Toon Van HELMOND (NL)</b> , Health psychologist Chair: <b>Joep WELLING (NL)</b>	14:00-14:50 <b>Chi Gong</b> Managed by <b>Gabi NIEHAUS (D)</b>
15:00 15:30	<b>HOW TO HANDLE UPPER/LOWER INTESTINAL TRACT PROBLEMS?</b> Speaker: <b>Prof. Dinesh KHANNA (USA)</b> 20 min + 10 min Q&A Chair: <b>Linda SCHRAVEN (NL)</b> and <b>Prof Laszlo CZIRJAK (H)</b>	15:00-16:00 <b>Educational Therapy</b> Managed by <b>the Lille Medical team (F), Dr Geraldine WOJTASIK</b> and <b>Dr Sandrine MORELL-DUBOIS (F)</b>	15:00-16:00 <b>Sexual Life (Women session)</b> <b>Elaine FURST, RN, BSN, MA (USA)</b> Chair: <b>Ilaria GALETTI (I)</b>	15:00-16:00 <b>Wax Bath</b> by <b>Dr. William GREGORY (UK)</b>
15:30 16:00	<b>PAUSE</b>			
16:00 17:00	<b>THE BENEFITS OF SOPHROLOGY IN SSc</b> Speaker: <b>Dr. Natalia CAYCEDO (E)</b> Speech + practice - 45 min Patient experience: <b>Martine TORRENS (F)</b> - 5 min 10 min Q&A Chair: <b>Dominique GODARD (F)</b>	16:00-17:00 <b>Educational Therapy</b> Managed by <b>the Lille Medical team (F), Dr Geraldine WOJTASIK</b> and <b>Dr Sandrine MORELL-DUBOIS (F)</b>	16:00-17:00 <b>Making Tough Healthcare Decisions in Scleroderma: A Toolkit</b> Managed by <b>Dr. Brett THOMBS (CAN)</b>	

## SATURDAY, FEBRUARY 17

	AUDITORIUM B	ROOM F1	ROOM E2
9:00 10:00	<b>MEET THE PROFESSOR</b> <b>Answers to your questions in ENGLISH</b> <b>Prof Dan FURST (USA),</b> <b>Prof. Maureen MAYES (USA),</b> <b>Dr. Pia MOINZAHEH (D)</b>	<b>MEET THE PROFESSOR</b> <b>Answers to your questions in FRENCH</b> <b>Prof. Yannick ALLANORE,</b> <b>Dr. Joel CONSTANS,</b> <b>Prof. Eric HACHULLA (F)</b>	<b>MEET THE PROFESSOR</b> <b>Answers to your questions in GERMAN</b> <b>Prof. Dr. Miklós SÁRDY (H)</b>
10:00 10:45	<b>DEVELOPMENT OF NEW THERAPIES IN SSc</b> <ul style="list-style-type: none"> <li>• How to identify new therapies in the laboratory</li> <li>• New therapies for SSc: Update on ongoing clinical studies</li> </ul> <b>Prof. Dr. Jörg DISTLER (D)</b> - 15 min <b>Prof. Dr. Oliver DISTLER (CH)</b> - 20 min Chair: <b>Joep WELLING (NL)</b> Q&A - 10 min	10:00-11:00 <b>SOPHROLOGY in SPANISH</b> Managed by <b>Martine TORRENS (F)</b>	
10:45 11:15	<b>COFFEE BREAK</b>		
11:15 11:45	<b>TREATING PAIN IN DIGITAL ULCERS &amp; CALCINOSIS</b> Speaker: <b>Prof. Anne-Laure FAUCHAIS (F)</b> 20 min + 10 min Q&A Chair: <b>Kim FLIGELSTONE (UK)</b> and <b>Prof. Eric HACHULLA (F)</b>		
11:45 12:15	<b>RESEARCH ON KIDNEY FAILURE IN SSc</b> Speaker: <b>Prof. Chris DENTON (UK)</b> 20 min + 10 min Q&A Chair: <b>Despo CHARALAMBOUS (CY)</b> and <b>Dr. Carina MIHAI (RO)</b>	11:45-12:45 <b>Sophrology FRENCH</b> Managed by <b>Martine TORRENS (F)</b>	
12:15 12:45	<b>NUTRITION IN SSc</b> Speaker: <b>Dr. Lesley Ann SAKETKOO (USA)</b> 20 min + 10 min Q&A Chair: <b>Gabie NIEHAUS (D)</b>		

## SATURDAY, FEBRUARY 17

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	AUDITORIUM B	ROOM F1	ROOM E2
12:45 12:55	<b>SELF MANAGEMENT: OVERCOMING OBSTACLES IN EDUCATION AND WORK</b> Speaker: <b>Yun WAH (UK)</b> Chair: <b>Annelise ROENNOW (DK)</b>		
13:00	<b>CLOSING</b>		